



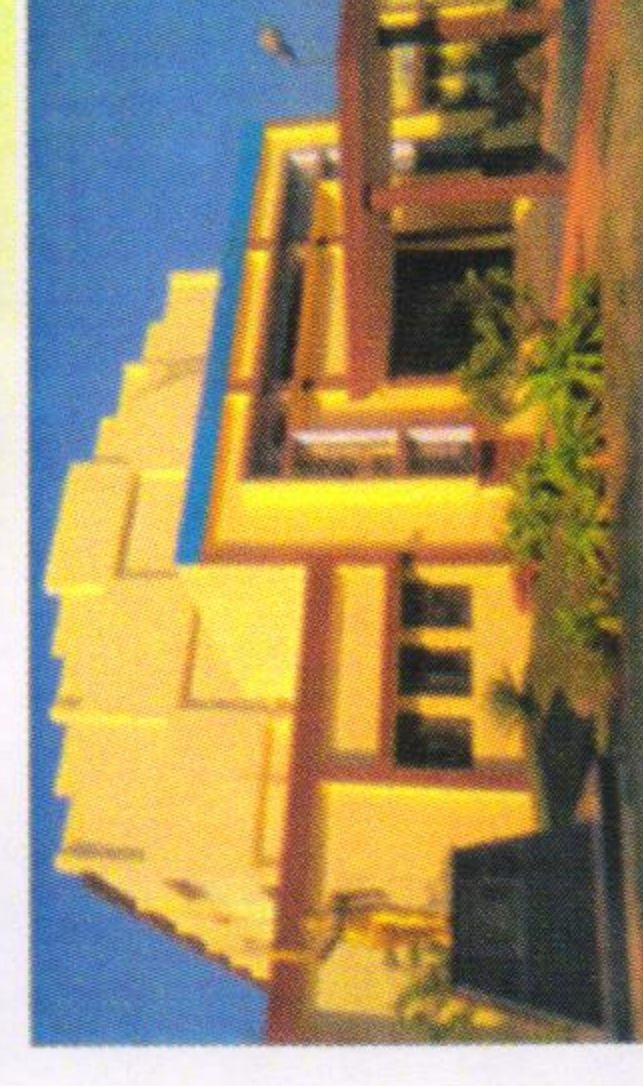
One-Day

**Workshop for Physical
Education Teachers & Directors**

ON

**RECENT TRENDS IN PHYSICAL
EDUCATION AND SPORTS SCIENCES**

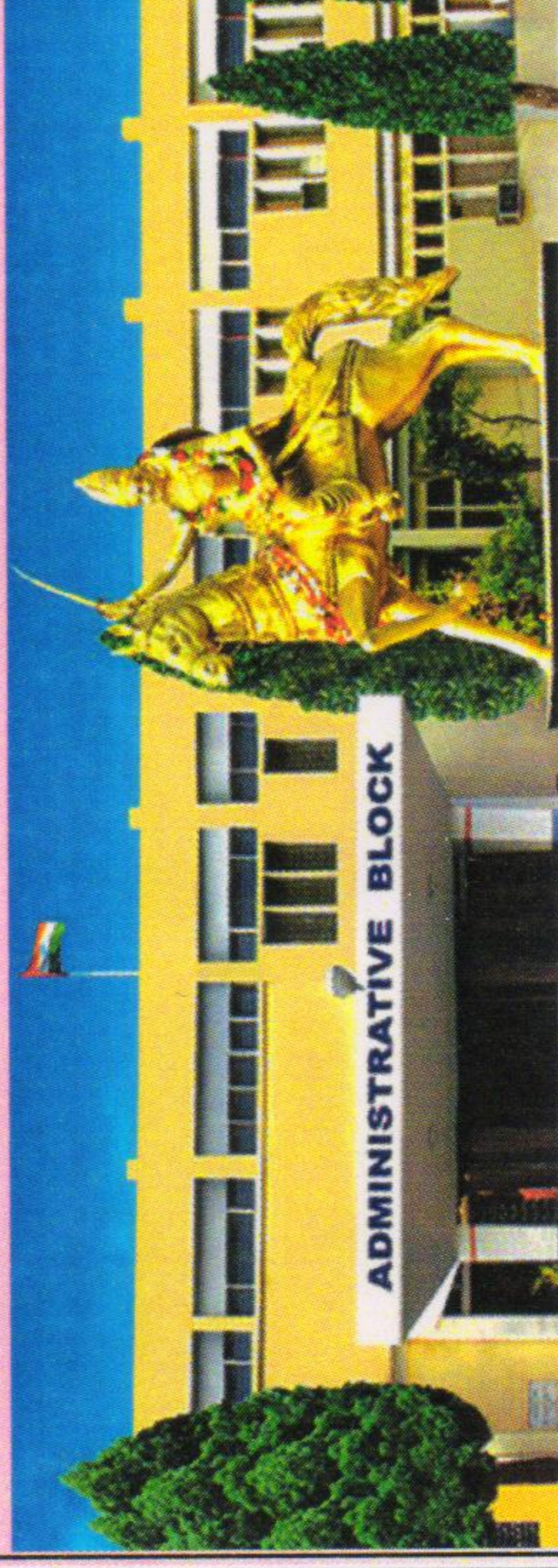
17th March, 2020 (Tuesday)



Organized by

UNIVERSITY SPORTS BOARD

Kakatiya University, Warangal



Chief Patron

Dr. B. Janardhan Reddy, IAS

Vice-Chancellor, I/c.

Kakatiya University, Warangal.

Patron

Prof. K. Purushotham

Registrar

Kakatiya University, Warangal.

Workshop Director

Prof. B. Suresh Lal

Professor & Secretary

Univ. Sports Board & I/c. Director of Phy. Edn.

Kakatiya University, Warangal

Note:

1. Certificate will be presented to all participants
2. All the PDs should participate without fail

Speakers:

Mr. Nagapuri Ramesh

Dronacharya Awardee & Athletes Coach, Hyderabad

Latest Trends in Training Sports Persons

Dr. Veerender

Psychologist, Hyderabad

Psychological Preparation of Sports Persons.

Prof. Ravikumar

NIT, Warangal

Recent Trends in Sports Sciences & Fit India

Prof. P. Ramesh Reddy

Head, Dept. of Phy. Edn. KITS, Warangal

Discussion on AIU Rules and Eligibility Criteria

Dr. Ram Kumar Reddy

Associate Professor of Orthopedics

MGM, Warangal

Sports Injuries and Prevention Techniques

Dr. G. Satyanarayana

Sports Physiotherapist

Rehabilitation of Sports Injuries

About the Workshop:

Physical activity is the best recipe for staying physically and mentally healthy; it plays an important role in preventing the development of many chronic illnesses and in increasing life expectancy. However, the recent great inventions have brought about new changes in the amount and quality of physical activity carried out daily.

Despite common efforts which have recognised the role of university/college education in promoting sport and physical activities among young people and students, the perception of sport is not always a positive one. This misleading perception results in students abandoning either sport or their studies under the pressure of their families, teachers and friends, who do not think that balance between sport and college is possible. It is therefore important for University Physical Education Teachers and Directors to support of physical activity in order to help modify unhealthy life habits and promote awareness of the benefits of physical activity in relation to health.

University Sports Board, Kakatiya University, Warangal is promoting sports and games to their students under its jurisdiction with recent trends and innovative techniques and skills. Keeping in view of these University Sports Board has plan to organize One Day Symposium/ Workshop for Physical Education Teachers and Director to get hand on latest information and games procedures.

About the University Sports Board:

The Sports Board of Kakatiya University is existing since the inception of the University in the year 1976 with 18 colleges and meager strength has grown into a massive organization with 510 colleges spread in Under-Graduation, Post-Graduation, Engineering, Pharmaceutical, Education and Physical Education Colleges by 2019-2020.

The Kakatiya Sports Board was awarded the prestigious **National Gold Medals (63), Silver Medals (54) and Bronze Medals (84) by Government of India, & Twelve (12) times Team Championships** for its sportsmanship in Gymnastics and Taekwondo. The Players are actively participating in Intercollegiate tournaments and various players-Centric Training Programmes to develop positive personality traits, discipline, self-control, hard work, emotional stability and physically, mentally and mold the student's behavior socially acceptable.

The Sports, Kakatiya University has become an inseparable part of the sportsmanship life in the three Districts of North Telangana region of Telangana State.

Prof. B. Suresh Lal

Secretary

University Sports Board &

I/c. Director of Physical Education

Kakatiya University, Warangal

About the University:

Kakatiya University was established on 19th August, 1976 to fulfil the aspirations of the Telangana people for higher education. It is located in the historical city, Warangal, the erstwhile seat of the Kakatiya rulers. The founding of the University was in fact a historic event that heralded a new era in the realms of higher education of this region. The erstwhile Post-Graduate Centre of Osmania University was upgraded and named Kakatiya University. The University, began its journey as PG Centre Warangal in 1968 under aegis of Osmania University with only four Departments, viz. Telugu, English, Chemistry and Mathematics. The Departments of Physics, Botany, Zoology, Commerce, Public Administration and Economics were added later. The B. Pharmacy course which was started by Osmania University in 1974 was shifted to KU in 1975.

The Kakatiya University has got following milestones;

Re-accredited with NAAC "A" Grade

Kakatiya University is ranked 1st in Telangana, 4th in India, 117th in World as sustainable University (campus setting)

Nirf – University Rank – Band 151-200

venue:-

@ Senate Hall, b.u.w.s.